# Videoproctogram

## What Is A Video Proctogram?

A videoproctogram is an x ray test which may be  recommended to investigate problems with bowel emptying their bowel and symptoms of obstructed defeacation or prolapse.

The test is designed to show how well the bowel empties. It can identify area of bulging such as rectoceles, enteroceles and sigmoidoceles and is also useful for identifying internal and external rectal prolapse (intussception).

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## Do I Need Any Preparation Before-Hand?

You will receive written instructions about the test beforehand. No preparation is usually required.

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## What Does The Test Involve?

When you arrive in the x ray department you will be asked to drink a solution, which fills up the upper part of the bowel. A small tube will be inserted into your bottom and some paste injected. You will then be asked to sit on a specially designed toilet behind a screen for privacy. X ray screening allows us to record the movements of the pelvic floorYou will be asked to strain and then to expel the paste as though you were going to the toilet normally.

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## What Happens Afterwards?

The test takes only a few minutes to complete. You will be able to go home straight afterwards and you can continue with all normal activities.

The radiologist will analyse the pictures and send a full report to your consultant.